# Penicillin Allergy – Clinician Guide

**Importance of Documenting an Accurate Allergy History1-3**

* About 10% of people in the United States report an allergy to penicillin, but at least 95% of them can safely tolerate beta-lactam antibiotics—that is, penicillins and cephalosporins.3
* Inaccurate penicillin allergy documentation can lead to use of second-line antibiotics that may be less effective or more toxic. Use of second-line antibiotics has been associated with increased risk of *Clostridioides difficile* infection and treatment failure.4-6
* Obtaining a full and accurate allergy history allows (1) clarification of the type of allergic reaction, (2) assessment of whether the patient can receive penicillin or related antibiotics, or cephalosporins, and/or (3) determination of the need for referral to an allergist for further evaluation.

**Questions to Ask When Obtaining an Allergy History6**

1. **Do you have any allergies to any antibiotics? Which antibiotics?**
2. **What was the reaction? How soon after taking the antibiotic did the reaction occur?**

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| Reaction to Penicillin | Documentation | Next Steps |
| Swelling of the throat, tongue, lips, or eyes; wheezing or trouble breathing; or low blood pressure. | Anaphylaxis | Do not rechallenge with penicillins without an allergy consult. Ok to administer cephalosporins. |
| Rash with raised, itchy bumps +/- white centers, appearing within approximately 6 hours after an antibiotic was started. | Hives | Do not rechallenge with penicillins without an allergy consult. Ok to administer cephalosporins. |
| Rash that was peeling or blistering. | Stevens-Johnson–like syndrome | Do not rechallenge with beta-lactams without allergy consult. |
| Rash that appeared at least 2 days after the antibiotic started. | Non-urticarial rash | Rechallenge; if possible, use a different beta-lactam agent. |
| Side effects such as nausea, vomiting, diarrhea, headaches, dizziness, or fatigue. | Do not document allergy; remove allergy label | Rechallenge and manage symptoms. |

1. **Have you taken the antibiotic since, or seen an allergist or had a penicillin skin test?**
* If the patient has taken the same antibiotic since the initial reaction without a subsequent reaction, do not document an allergy.
* If the patient has had a negative skin test for penicillin, the patient can be given a beta lactam. Note that the patient may still develop a non-urticarial rash if that was the original reaction.
* Patients with past Stevens-Johnson syndrome, toxic epidermal necrolysis, or DRESS (drug rash with eosinophilia and systemic symptoms) should not be given the triggering antibiotic (or antibiotic class) again without a discussion with an allergist.3
* If the patient has taken the same antibiotic since the initial reaction without a subsequent reaction or has had an evaluation by an allergist who concluded that the patient no longer has an allergy, you can inform the patient that they no longer have the allergy. You can inform patients with a negative skin test for penicillin that they can be given beta lactam antibiotics.
* Be sure to remove allergy labels in the electronic health record (delabeling) if the patient is deemed to not have the antibiotic allergy.
1. **Have you been able to take other antibiotics? Which ones?**
* Review the medical record and ask about experiences with other beta-lactam antibiotics such as amoxicillin, amoxicillin-clavulanate (Augmentin), cephalexin (Keflex), cefadroxil (Duricef), cefuroxime (Ceftin, Zinacef), cefdinir (Omnicef), cefpodoxime (Vantin), cefixime (Suprax), ceftriaxone (Rocephin), or cefazolin (Ancef). Consider using both generic and brand names for antibiotics as generics provide the same clinical benefit as brand names.\*
* If the patient has tolerated taking other beta-lactams previously, in most cases he/she can take them again. Document antibiotics he/she tolerated previously in the chart.
1. **How long ago did you have the reaction?**
* If the reaction occurred more than 5 years ago, the patient may no longer have an allergy because even true penicillin allergies can go away over time. Consider obtaining a consultation with an allergist for skin testing.3

*\*Note: Brand names may be registered trademarks and are named as examples and not for endorsement.*

# References

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6. Blumenthal KG, Peter JG, Trubiano JA, et al. Antibiotic allergy. Lancet. 2019 Jan 12;393(10167):183-98. Epub 2018 Dec 14. PMID: 30558872.