



Hello and welcome to HLN's Adult Clinical Standards orientation course. All clinical standards are developed by HLN Clinical Program Committees, and its recommendations are meant to assist and not replace the clinical decision-making required for individual patient management while considering shared decision making, optimal care and therapeutic cost considerations. In addition to clinical treatment recommendations, HLN has also developed resources and educational tools to assist providers in the management of these disease processes.

## Adult Standards

Hypertension

Diabetic  
Chronic Kidney  
Disease


Type 2  
Diabetes

Statin Therapy  
Management

At present HLN has four adult clinical standards. These standards encompass the treatment and management of hypertension, diabetic chronic kidney disease, type 2 diabetes, and Statin Therapy Management

# Accessing Clinical Resources

Provider Resource Hub\*

  
Home  

Provider Resource Hub

Additional Resources

Patient Experience Resources


General Resources

Adult Clinical Resources

Pediatric Clinical Resources

Pharmacy

Provider Orientation



HLN Encounter Sidebar

Notes Review All This Visit HLN Links

HLN Formulary Groups

Hyperlinks to Formulary Groups

Report Name	Print
Antilipidemics	Print
Antiplatelet Agents	Print
Asthma-COPD Therapy	Print
Gastrointestinal Agents	Print
Urinary Agents	Print
ADHD Therapy	Print
Androgen Therapy	Print
Anticoagulants	Print
Antihyperglycemics	Print

\* <https://www.hlcn.com/provider-resource-hub/>

In addition to clinical treatment recommendations, HLN has also developed resources and educational tools to assist providers in the management of these disease processes. These resources can be found on our Provider Resource Hub which can be accessed by scanning the QR code or by going to the website at the bottom of your screen. HLN's medication resources can also be accessed in the HLN Links section of the Epic encounter sidebar which is available in individual patient encounters.

# Hypertension

## Clinical Treatment Standard

Optimal BP goal of <140/90

2-week clinic follow-up until goal BP is met

Encourage home BP monitoring and tracking

Twice yearly visits at a minimum for controlled patients

## HLN Provider Resources

HLN Hypertension Best Practice Recommendations

Antihypertensive Medication Management

Home BP Monitoring Guidance

Our HLN hypertension standard has been developed to increase hypertension awareness and management within the Primary Care setting. This standard includes an optimal blood pressure goal of less than 140/90. For patients who are not yet at this goal, HLN recommends follow-up visits every two weeks with a primary care provider or clinic nurse until this goal is met. HLN also encourages home blood pressure monitoring for patients who have not yet reached their blood pressure goal. Lastly, patients with controlled blood pressure should meet with their primary care provider at least twice per year to ensure ongoing hypertension management.

# Diabetic Chronic Kidney Disease

## Clinical Treatment Standard

Aggressive Primary Care CKD management and education

Optimal BP goal of 130/80 and HbA1C of 8%

Annual urine protein screening

Twice yearly PCP visits at a minimum

## HLN Provider Resources

CKD Treatment Algorithm

HLN CKD Medication Resource Guide

Diabetic CKD Stages and Program Goals

HLN in 10: CKD Podcast

Chronic kidney disease and diabetes cause significant morbidity and mortality in patients and can result in higher healthcare spending as the diseases progress in severity. The Diabetic CKD Clinical Standard highlights strategies for providers in improving their patient's overall quality of life, prevention and delaying progression of established disease, medication management, along with recommended approaches to treatment and testing.

## Type 2 Diabetes

### Clinical Treatment Standard

HbA1C 7% - 8%: Test every 6 months

HbA1C > 8%: Test every 3 months

HbA1C > 9%: Test every 3 months & glucose every 6 weeks

Twice yearly PCP visits at a minimum

### HLN Provider Resources

HLN Diabetes Best Practice Recommendations

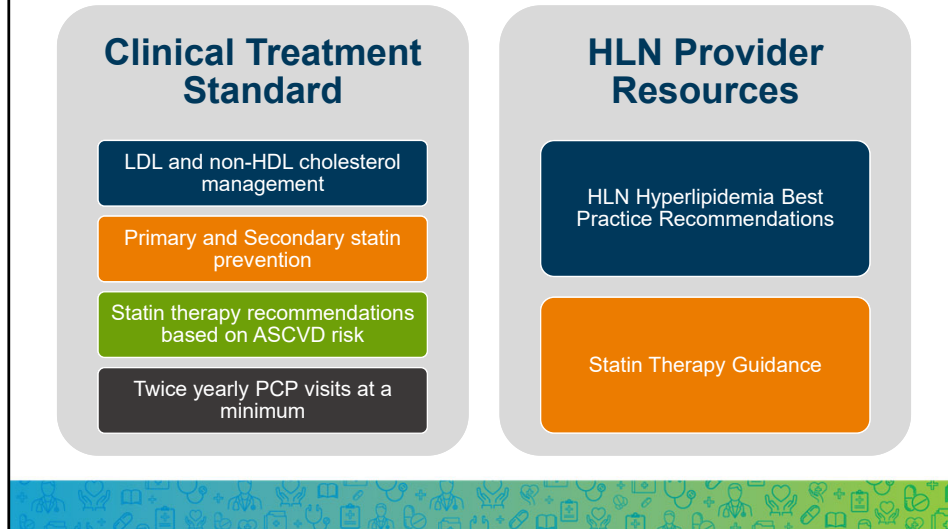
Pharmacologic Guide with Clinical Points

Chronic Complication Guide for Type 2 DM

Patient Education: Common Complications of Diabetes

HLN's Type 2 Diabetes clinical standard incorporates lifestyle management strategies that include addressing Social Determinants of Health, chronic complication management, and pharmacologic therapy recommendations. Another important component within the standard is the "HLN Approach to Glycemic Control", to assist providers with managing our Diabetes Poor Control population.

# Statin Therapy Management



Our **Statin Therapy Management** standard was developed to identify and implement evidence-based guidelines for management of LDL and non-HDL cholesterol to reduce Atherosclerotic Cardiovascular Disease risk in our adult patient population. This standard has been developed to promote evidence-based medical management and quality of life for patients diagnosed with hyperlipidemia.

## Course Attestation

1. Take out phone
2. Select **Camera** application on phone
3. Scan QR Code
4. Select Website banner
5. Fill out form
6. Course title is **Adult Clinical Standards**
7. Click **Submit Form\***



HLN Orientation Course Attestation

Name \*

First Name  Last Name

Title \*

☐ Physician  
☐ Physician Assistant  
☐ Nurse Practitioner  
☐ Other

Clinic Name \*

Specialty \*

Course Title \*  
Please Select

Date of Course Completion \*  
MM-DD-YYYY

Date

HIPAA

**\*Credit will not be issued until you complete the attestation form.**

This will conclude HLN's Adult Clinical Standards orientation course. Please take out your smart phone and use the camera function to scan the QR code and complete the course attestation form linked to it. Make sure that you select the course title of "Adult Clinical Standards". Credit for course completion will only be issued if you complete and submit the form.

For any questions, please refer to your handout where you will find the contact information for HLN's Clinical Consultant, Megan Rainey.

Thank you and have a wonderful day.

## Questions

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